

Your Causes Worksheet

Describe the causes or issues that you care about. For example, environmental issues, poverty, addiction, etc.

Research 3 *Local* organizations you can support that work for your cause(s):

Research 3 *Global* organizations you can support that work for your cause(s):

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What actions can you take to support the causes you care about?

How does contributing to these causes make you feel?

How does contributing to these causes make you feel connected to community?